







Law #1: Adults are babies with big bodies



(Edmunds et al., 2002)



Law #2: People do not argue with their own data

(Edmunds et al., 2002)

Law #3: Learning is directly proportional to the amount of fun you are having



(Edmunds et al., 2002)

Law #4: Learning has not taken place until behavior has changed





Learning Styles



How People Learn



Channels

Memory

Memory

(Atkinson & Mayer, 2004)

Rigorously remove inessentials.



(Mayer, 2014)

Use visuals with your words.

Cognitive Learning Theory

- We all have **dual channels**: one for visual and one for verbal material.
- We select information from each channel to pay attention to in **working memory**.
- We retrieve prior knowledge from **long-term memory** to help us make sense of the visual and verbal material.
- We store the new understanding in long-term memory for future use.

Use visuals with your words.



Speak your words.



Put labels near their visuals.



Use descriptive headlines.



Break up the story in digestible bites.



Be conversational.



How People Learn



(Atkinson & Mayer, 2004)



Worth 1,000 Words

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SmartArt: Only If You Are



Charts Are Your Friend





The Hidden Image Editor





Use

24-point or larger sans serif black font on a white or very light background

whenever possible.

Avoid

less than 24-point serif or hard-to-read light or bright color font on dark or textured backgrounds or over images

unless there's a uniquely compelling reason to use them.





References

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